

The Lord's Prayer

First you need the picture of a hand:

Our Father in Heaven –

When we know we are loved, that makes us feel good inside. God loves everyone. As you write the names of those you want to know they are loved by God on the hand printout, pray that they will know this.

Next you need the wordle:

Hallowed be your name –

In the Bible, we find out what God is like. Look at the wordle that gives some ideas of what God is like. Think about which ones stand out to you, and thank God for who He is.

You need a large question mark shape:

Your Kingdom come –

Sometimes it's hard for us to understand God, life and the things that are happening in the world. God wants to hear our questions. Write a question for God on a cut out question mark – maybe you could talk with your family about your questions.

Now you need a piece of paper big enough to stand on and a pen:

Your will be done –

We know that God wants us to live His way, following in the footsteps of the heroes of the Bible. Draw around your feet and ask God to help you walk His way.

Next, find the world map and the dot stickers:

On Earth as it is in heaven –

God is at work in every country of the world. Choose one – maybe you know someone who lives there, or it's in the news at the moment. Put a sticker on the place and pray for those who live there.

Now you need the netting and the bag of ribbon:

Give us this day our daily bread –

God doesn't just give us bread, but there are lots of other things to be thankful for too. As you tie a ribbon or piece of wool onto the netting, say thank you for a good thing in your life. Maybe you can add to this over the coming weeks until the netting is full.

Find the mini whiteboard and the pen:

Forgive us our sins –

We all do things that are wrong. When we do, it's good to say sorry. Think of a time this week when you've done or said the wrong thing, or not done or not said the right thing. Write SORRY on the whiteboard. God forgives us, so we can rub it out and know it is forgotten.

Inside the very small envelope is a tablet. (It's a vitamin C tablet). You'll need this and a glass of water:

As we forgive those who sin against us –

Holding onto hurts can make us feel sad or angry. Forgiveness is about letting go. As we watch this tablet dissolve, imagine forgiving the person who has hurt you and the hurt disappearing

Now find the glow sticks:

Lead us not into temptation but deliver us from evil –

We are often tempted to do the wrong thing, but God calls us to make good choices, and be like a light in the world, showing others His way. As you see the stick light up, ask God to help you be light in His world for others to see.

Choose a worship song you enjoy:

For thine is the Kingdom, the power and the glory –

Everything belongs to God, so let's praise Him by singing.

Now find a strip of paper and a glue stick:

For ever and ever –

God's love lasts for ever. Take one end of the strip and put some glue on it. Put one twist in the paper and stick the other end to the glued end. Run a felt tip around the strip to show how it goes on for ever.

Amen –

Thumbs up or high 5 to show you agree!