The Beatitudes - from Matthew 5: 1-10

Blessed are the poor...
not the penniless
but whose heart is free

Blessed are those who mourn...
not those who whimper
but those who raise their voices

Blessed are the meek...

not the soft

but those who are patient and tolerant

Blessed are those who hunger and thirst for justice...
not those who whine
but those who struggle

Blessed are the merciful... not those who forget but those who forgive

Blessed are the pure in heart...

not those who act like angels
but those whose life is transparent

Blessed are the peacemakers...
not those who shun conflict
but those who face it squarely

Blessed are those who are persecuted for justice...
not because they suffer
but because they love